

WEEK ONE	Be Our Guest!	Paston Ridings Primary School
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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Roast Pork in Gravy with Yorkshire Pudding	Macaroni Cheese*	Mega Cheese Pizza*	Roast Turkey in Gravy with Herby Stuffing	Fish Fingers Tomato Sauce available
Main Vegetarian	Vegetable Loaf*	Macaroni Cheese*	Mega Jewelled Margarita Pizza*	Quorn Fillet in Gravy	Falafel Salad Wraps
Salads	Jacket Potato with filling and salad or Ham Bap	Jacket Potato with filling and salad or Tuna Wedge with salad	Jacket Potato with filling and salad or Egg & Cress Flatbread with salad	Jacket Potato with filling and salad or Carnation Chicken Bap	Cheese & Tomato Baguette
Starchy Food	Crispy Roast Cubes	Garlic Bread*		Crispy Roasties	Chips
Vegetables	Carrots & Green Beans	Mixed Vegetables (S)	Coleslaw (S)* Or Baked Beans	Trio of Vegetables (S)	Peas & Sweetcorn
Desserts	Fruity Crunch & Cream Or Fresh Fruit or Fruity Yoghurt	Cheese & Biscuits or Fresh Fruit Or Fruity Yoghurt	Jelly with Fruit Or Fresh Fruit Or Fruity Yoghurt	Apple & Raspberry Muffins & Milk or Fresh Fruit or Fruity Yoghurts	Assortment of Ice Creams or Fruit or Crackers & Cheese
Served Daily: Yogurt/Fresh Fruit/Cheese & Biscuits/ Fresh Baked Bread/Fresh water/Salad	All Meals Are Subject To Availability		<small>*Allergen information is available. Some items on the menu may be subject to change. Certain vegetables are seasonal (S) *Meals are made fresh on the day using local produce where possible. For any specific dietary requirements or allergen advice please speak to the catering manager, Mrs Thurgood, before paying for your child to have a school lunch.</small>		

Meal prices: Foundation Stage & Key Stage 1 = Free

Key Stage 2 = 2.00

Staff(Adult) = 2.10