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Headteacher: Mrs J Cook

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Deputy Headteacher: Miss G Hayes

Dear Parents and Carers,

19<sup>th</sup> September 2017

### **Re: Be The Best You Can Be**

On Monday 25<sup>th</sup> September we will be re-launching the **Olympic inspired Programme *Be the Best you can Be!*** This programme, which we started last year, enables young people to discover and develop the potential within themselves and inspires, engages and empowers them to pursue and fulfil their dreams.

This unique Programme has been developed as an Educational Legacy going beyond Sport and far beyond the inspiration of London 2012 and is designed to inspire the youth of Britain and the rest of the world.

**Dr David Hemery CBE**, Olympic Gold Medallist and former World Record Holder (400m Hurdles, Mexico 1968), founder of 21<sup>st</sup> Century Legacy says *“everyone has a spark of greatness within them and through a combination of dreams and practical application they can achieve their potential, as long as they positively set their mind to it, believe in themselves and are prepared to work hard.”*

The ***Be the Best you can Be!*** Programme begins with a Programme Launch, where **an inspirational Special Speaker** – a high achiever, which includes Olympians, Paralympians, share their story of how success is a journey with the need to overcome inevitable setbacks. As role models, they kick start each school launch and bring the ‘achievement of dreams’ into the curriculum.

On Monday we are lucky enough to be having a visit from three time World Champion BMX Half Pipe Champion, Mike Mullen.

**The Launch will be followed by further themes** designed to help young people discover the skills they need to follow their dreams and to begin their own successful journey.

**We hope that by completing the Programme our young people will raise their self-confidence and self-esteem and benefit from higher aspirations, and a clearer path to how they can realise their dreams.**

Kind Regards

Mrs Harradine  
Deputy Headteacher

